

## PROPER OF THE MASS

### First Reading *Micah 5:1-4*

The Lord says this:

You, Bethlehem Ephrathah,  
the least of the clans of Judah,  
out of you will be born for me  
the one who is to rule over Israel;  
his origin goes back to the distant  
past,  
to the days of old.

The Lord is therefore going to  
abandon them

till the time when she who is to give  
birth gives birth.

Then the remnant of his brothers will  
come back  
to the sons of Israel.

He will stand and feed his flock  
with the power of the Lord,  
with the majesty of the name of his  
God.

They will live secure, for from then  
on he will extend his power  
to the ends of the land.

He himself will be peace.

### Responsorial Psalm

**(R) Lord, make us turn to you; let us  
see your face and we shall be  
saved.**

- O Shepherd of Israel, hear us,  
shine forth from your cherubim throne.  
O Lord, rouse up your might,  
O Lord, come to our help. **(R)**
- God of hosts, turn again, we implore,  
look down from heaven and see.  
Visit this vine and protect it, the vine  
your right hand has planted. **(R)**
- May your hand be on the man you  
have chosen, the man you have given  
your strength. And we shall never for-  
sake you again: give us life that we  
may call upon your name. **(R)**

### Second Reading *Hebrews 10:5-10*

I This is what Christ said, on coming into  
the world:

You who wanted no sacrifice or  
oblation,  
prepared a body for me.

You took no pleasure in holocausts or  
sacrifices for sin;

then I said,

just as I was commanded in the scroll  
of the book,

'God, here I am! I am coming to obey  
your will.'

Notice that he says first: You did not  
want what the Law lays down as the  
things to be offered, that is: the sacrific-  
es, the oblations, the holocausts and the  
sacrifices for sin, and you took no pleas-  
ure in them; and then he says: Here I  
am! I am coming to obey your will. He is  
abolishing the first sort to replace it with  
the second. And this will was for us to be  
made holy by the offering of his body  
made once and for all by Jesus Christ.

### Gospel Acclamation

Alleluia, Alleluia!

I am the servant of the Lord:  
may his will for me be done.  
Alleluia!

### Gospel *Luke 1:39-45*

Mary set out and went as quickly as she  
could to a town in the hill country  
of Judah. She went into Zechariah's  
house and greeted Elizabeth. Now as  
soon as Elizabeth heard Mary's greeting,  
the child leapt in her womb  
and Elizabeth was filled with the Holy  
Spirit. She gave a loud cry and said, 'Of  
all women you are the most blessed, and  
blessed is the fruit of your womb. Why  
should I be honoured with a visit from the  
mother of my Lord? For the moment your  
greeting reached my ears, the child in my  
womb leapt for joy. Yes, blessed is she  
who believed that the promise made her  
by the Lord would be fulfilled.'



# Holy Family Church

214 Maroubra Road, Maroubra, NSW, Australia 2035

Tel: +61-2-9349 1198

[holy.family@bigpond.com](mailto:holy.family@bigpond.com)

[www.holyfamilymaroubra.org.au](http://www.holyfamilymaroubra.org.au)

## FOURTH SUNDAY OF ADVENT

19 December 2021  
Year C

### MASSES

Monday - Saturday: 9.10am.

Saturday (Vigil): 5.30pm.

Sunday: 8.00am, 9.30am, 6.00pm.

### PRIESTS

Fr Allan Casquejo

Parish Priest

Fr Rafael Silva Galicia

Assistant Priest

### RECONCILIATION

Saturdays: After 9.10am Mass &  
before Vigil Mass

(or anytime by appointment)

### BAPTISMS

Sundays: 10.30am

(Enquiry: please approach the priests  
after Mass)

### MARRIAGE

By appointment (six months' notice)

### SACRAMENTAL PROGRAM

[hfmaroubra1914@gmail.com](mailto:hfmaroubra1914@gmail.com)

### PARISH OFFICE HOURS

Mon, Tue, Thurs : 9.30am - 12.30pm

Friday : 9am - 3pm

### ST AIDAN'S PRIMARY

Mrs Leonie Palmer (Principal)

(02) 9344 6364

[www.stamaroubra.catholic.edu.au](http://www.stamaroubra.catholic.edu.au)

### Life in the Womb

*This little gospel story tells us that 'the baby  
in Elizabeth's womb leaped' and not merely  
leaped, but leaped 'for joy'. Is this just poetic  
hyperbole?*

*We know that beautiful music can have a  
wonderful effect on life in the womb. Good  
vibrations. Here, the presence of Jesus, being  
carried by Mary in her pregnancy, had a  
wonderful effect on the life carried by  
Elizabeth. Very good vibrations.*

*From the moment of the conception of Jesus,  
good vibrations reverberated out to all  
human beings. The good news is that you and  
I and every human life ever conceived is  
visited by Our Risen Lord Jesus Christ, and we  
receive that visit as Original Blessing.*

*There is a further and consoling truth. Every  
mother or father who has lost a baby too  
early needs to know that the same  
extraordinary sense of Our Lord's presence  
was felt by your baby. That Divine Presence  
conferred a powerful Original Blessing on  
that little life within the womb, and that same  
Presence accompanied your baby into the  
everlasting embrace of Divine Love in Heaven.  
We could pause a moment to pray using the  
very words of Elizabeth, reciting:*

*Hail Mary, full of grace, the Lord is with thee.*

*Blessed art thou among women,*

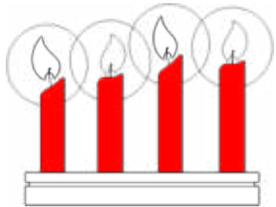
*and blessed is the fruit of thy womb, Jesus.*

*Holy Mary, mother of God, pray for us sinners*

*now and at the hour of our death. Amen.*

REFLECTION by Fr Michael Tate

A D V E N T



**Fourth week Church Liturgical Cycle – Year C**  
 Lord, let the light of your glory shine within us,  
 and lead us through the darkness of this world  
 to the radiant joy of our eternal home.

### **CHRISTMAS at HOLY FAMILY**

#### **Reconciliation**

Monday, 20th December at 7.00pm

#### **Annual Christmas Carols with the Archbishop**

*His Excellency, the Governor General of Australia will also be attending this year*

**Sunday, 19th December at 7.30pm**

**NO 6pm Mass**

*At this stage a booking is NOT required. . .*

*However, COVID-19 Safe check-ins will still be required to enter the church.*

#### **Christmas Eve Family Mass**

Friday, 24th December at 6.00pm

*Children are invited to come dressed as angels, shepherds, Mary, Joseph or wise kings*

*Choir and Reading practice: Wednesday 22nd December 5pm*

*To participate please contact: hfmaroubra1914@gmail.com*

#### **Christmas Eve Holy Family Carols**

Friday, 24th December at 11.30pm followed by Midnight Mass (At Midnight)

#### **Christmas Day**

Saturday, 25th December at 8am & 9.30am - NO Vigil Mass

#### **Holy Family Feast Day**

Sunday, 26th December at 8am, 9.30am & 6pm

**TAP DONATION - From 1 DECEMBER, the tap devices will be no longer be specifically 1st & 2nd collections but pooled and halved between the two.**

**Thank you for your generosity in supporting our Parish throughout the year through WEBSITE, tap donation machines, weekly collections (planned giving envelopes and loose collections at Mass), monthly planned giving by credit card and various appeals. Your support is much appreciated. May God Bless you.**



We welcome and pray for  
**Lourdes Sanches**  
 who is being baptised this weekend

### **PLEASE COMPLY WHEN COMING TO VISIT THE PARISH :**

- **FACE MASK** are encouraged, but not mandatory.
- **SIGN IN** with the NSW Government QR code or use the Attendance Register provided in the foyer as you enter the Church. 
- **Keep physical distance** - from Wednesday 15 December, there is no density limits for all venues and events.
- **Please take home your bulletin copy; do not return to the foyer**
- **DO NOT ENTER THE CHURCH** if you have a fever, cough, sorethroat, loss of smell or loss of taste; or shortness of breath, OR in the past 2 weeks been in contact with someone COVID-19 positive or visited a COVID-19 'hot spot'.



**Thank you for your cooperation & support**

More information:

<https://www.sydneycatholic.org/coronavirus-frequently-asked-questions/>



### **SACRAMENTAL PROGRAM 2022**

Catholic children in Year 3 2022 are eligible to be presented for First Reconciliation, then First Holy Communion. Those in Year 6 are eligible for Confirmation. Please register ONLINE now via <https://forms.gle/SDYkgasmQMmSz7hN9>

#### **OLA Pagewood - Christmas Mass Time:**

**Reconciliation:** Tuesday 21st Dec from 6pm to 7pm and

And after masses from Monday 20th Dec to Thursday 23rd Dec.

**Christmas Eve:** 8pm Mass.

**Christmas Day:** 8am Mass, 10am Mass.

No reconciliation and No Saturday Vigil 5.30pm mass.

#### **St Mary & St Joseph Parish, Maroubra Bay - Christmas Mass Time:**

**Christmas Eve:** 5.30pm; 7.30pm - **NO Midnight Mass**

**Christmas Day:** 9.00am only - No evening Mass

**Christmas shopping sorted??** If not, please consider giving a Christmas present that gives twice! In Advent 2019, Pope Francis reminded us that *"It will not be Christmas if .... we do not help at least one poor person, who resembles God because God arrived poor on Christmas."* Please go to <https://justiceandpeace.org.au/gift-giving-at-christmas/> for more information about how to give ethically and responsibly this Christmas.

*Holy Family Social Justice Group on behalf of the Justice and Peace Office, Archdiocese of Sydney*

### **MASS INTENTIONS**

**Recently Deceased:** Doris Cimijotta, Arthur Karakis

**Anniversary:** Joseph, Helen, Norman Vella; Jannette Batmony; Angela & Lucy Vella; John, Anne Azzopardi; Rose & Debono Azzopardi; and all souls in Purgatory

**Through the mercy of God, may their souls rest in peace.**